

Poppy (<http://poppyseattle.com/>)

Looking for adventure? No need to pack your bags for a trip to Poppy. Explore this culinary landscape with today's deal, \$25 for \$50 worth of food and drink. Located in Capitol Hill, Poppy serves up food on a platter with a selection of small dishes in a dining style called "thali". Chef Jerry Traunfeld adds a twist to the Indian tradition, creating a tasting menu of fresh, seasonal, Northwest cooking. Dip into the eggplant fries with sea salt and honey, savor the lavender-rubbed muscovy duck breast with rhubarb, and nibble on the hot date cake with banana ice cream, butterscotch and pecans. YUM! *Write Eats* declares, "It's the best kind of small plate dining: you don't have to share, yet you still get a little of everything."

Miami Standard Spa (<http://www.standardhotels.com/spa-miami-beach>)

When you step into the Miami Standard Spa, expect to be transformed by the hydrotherapy playground. Swim, soak, steam or plunge? How about a revitalizing massage? Relax into today's deal, a 90-Minute "The Standard" Massage for only \$60 (a \$150 value). This therapeutic massage is customized specifically to your needs to achieve balance. Using multiple bodywork techniques, hydrotherapy and essential oils, professional therapists work magic into your tissue and muscles to release stress. After you peel yourself off the massage table, you can soak in the curative waters of this holistic spa. As you look around, you might ask yourself, am I in an ancient Roman bath? Why is everyone is speaking English?